**Methods**

This experiment followed twenty-seven subjects over a six week period of time. I used sensitive search strategies, based on a combination of characteristics to locate this randomized trial sample. The subjects were split into three groups of nine randomly. Group one was given just the psychological rehabilitation treatment. These nine people received regularly scheduled meetings with one psychologist. They were also all put in a self-help group together. Group two was given just antipsychotic medication. Group three received the same psychosocial treatment as group one, as well as the same antipsychotic medications the subject in group two received.

For each group of subjects a data analysis was conducted on their previous diagnosis and medical treatments. Computerized administrative data was used to keep track of each person’s medications and the amount of time spent in therapy.

Group one- These nine subjects received psychological rehabilitation treatment. This treatment involved weekly meetings with the same psychologist. This psychologist was blind to the experiment and did not know it was taking place. Each session focused only on what he thought the best type of treatment for each patient was. This included current or past problems, experiences, thoughts, feelings or relationships. Subjects were also put in a self-help group for patients with schizophrenia. This group was led by another psychologist, who was also blind to the experiment. This group met twice a week and focused on giving each subject the sill to live on their own later in life. The main purpose of this group though was to provide the subjects with the support they need to treat schizophrenia.

Group Two- These nine subjects received only medication treatment for six weeks. Each subject took one 6mg dose at 8:00 in the morning and another 6mg dose at night. Each subject recorded their experiences in a journal at the end of each day. Subjects were also evaluated weekly by the same doctor.

Group Three- These nine subjects received psychological rehabilitation for six weeks as well as the medication treatment for six weeks. This involved a weekly meeting with the same psychologist. Subjects were also placed in a self-help group that met twice a week.